

PUTTING THE "FUN" IN FUNDRAISING

COMMUNITY PARTNERS

Partner with restaurants, clubs or your vestibular healthcare provider to host a donation box or ask them to donate a percentage of their sales on a particular day to your campaign.

PERSONAL CAMPAIGN

Create a PCP (personal campaign page) on vestibular.org. Tell your story, share your goal and upload a photo, then ask friends, family and coworkers to support you.

SHARE ON FACEBOOK

Share a link to your PCP on Facebook. Include a short summary on the post to encourage friends to visit your PCP and make a donation.

TELL YOUR STORY

The most important thing is to tell people your story, why this cause is important to you, and ask them to support you.

OFFICE EVENT

Have a jar at your office asking for donations. Sell baked goods or candy. Ask your supervisor to have a \$5 jeans day. Hold a 50-50 raffle

HOST AN EVENT

Have friends over for dinner, tea, or a movie or host an evening at a restaurant. Tell your story and ask them to help you reach your goal.

REDUCE CLUTTER

Have a garage sale or sell a craft you make. You can also sell your items online through e-Bay or Craigslist.

TEACH LESSONS

Are you a painter, musician, chef? No matter what your special skill, someone is interested in learning. Host a group and ask for donations.

HOLD AN EVENT THAT IS UNIQUELY YOU

Share it with the vestibular community on Facebook.

VESTIBULAR DISORDERS ASSOCIATION