



HEALTH FAIR "IN A BOX"

TIPS ON MAKING YOUR DISPLAY:

- We recommend getting a tri-fold display made of either foam core or corrugated cardboard, in a neutral color.
- Avoid using things with a lot of small text on your display. These pieces are difficult to read from a distance and better-suited for use as handouts.
- Be imaginative when putting your display together.

TO DISPLAY:

- Infographics:
 - Feeling Dizzy?
 - Steady as You Go
 - The Truth about Concussion
 - The Road to Balance
- Images and quotes:
 - VeDA Slideshow images

TO HAND OUT:

- VeDA Brochures
- Top Ten Facts about Vestibular Disorders (one-sheet)
- Facts, Figures & Trivia (one-sheet)

TO HAVE AVAILABLE FOR VIEWING:

- VeDA newsletter
- VeDA educational articles (e.g. Causes of Dizziness, BPPV, Meniere's, Vestibular Rehabilitation)

OTHER IDEAS:

- E-mail sign-up sheet: Ask people if they'd like to sign up for V-News, our free monthly newsletter
- If you have a tablet or laptop and internet access, consider bringing it and having VeDA's website open

***Go to vestibular.org/ambassador to download resources you can print for your display, or contact VeDA to request a Healthfair-in-a-box packet.**