You can increase understanding about the impacts of living with a vestibular disorder.

HERE ARE 5 SIMPLE WAYS YOU CAN GET INVOLVED:

- Donate at vestibular.org/baw
- Share your story by creating a Peer-to-peer fundraising page
- Follow VeDA on social media and share our posts
- Participate in the Fiona Flamingo Photo Contest
- Purchase a Balance Awareness Week t-shirt

LEARN MORE AT VESTIBULAR.ORG/BAW

Need help? Contact VeDA at (800) 837-8428 or info@vestibular.org.

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