



A. FREE VEDA BROCHURES

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General Patient Education

- Balance and Aging
 Causes of Dizziness
 How Do I Know if I Have a Balance Disorder?
 Human Balance System
 Peripheral Vestibular System
 Symptoms
 Vestibular Disorders: An Overview
 Vision Challenges
 (en Español) Desorden Vestibular/ Vértigo

Disorders and Symptoms

- Acoustic Neuroma
 Autoimmune Inner Ear Disorder (AIED)
 Benign Paroxysmal Positional Vertigo (BPPV)
 Bilateral Vestibular Hypofunction (BVH)
 Cervicogenic Dizziness
 Cholesteatoma
 Cochlear Hyperacusis and Vestibular Hyperacusis
 Concussion
 Enlarged Vestibular Aqueduct Syndrome (EVAS)
 Mal de Debarquement (MdD)
 Ménière's Disease
 Neurotoxic Vestibulopathy (Antimalarial)
 Otosclerosis
 Ototoxicity
 Pediatric Vestibular Disorders
 Perilymph Fistula
 Persistent Postural-Perceptual Dizziness (PPPD)
 Secondary Endolymphatic Hydrops (SEH)
 Superior Semicircular Canal Dehiscence (SSCD)
 Tinnitus: Ringing in the Ears
 Vestibular Injury
 Vestibular Migraine (MAV)
 Vestibular Neuritis & Labyrinthitis

Treatment and Testing

- Balance Retraining
 Chiropractic Treatment of Vestibular Disorders
 Common Misconceptions about ENG
 Diagnostic Tests for Vestibular Disorders

- Pharmacologic Treatments
 Surgery for Peripheral Vestibular Disorders
 Vestibular Rehabilitation Therapy (VRT)

Psychology

- Chronic Illness & Vulnerability
 Coping with a Vestibular Disorder
 Counseling for Chronic Illness
 "It's All in your Head" Addressing Stressors & Self Doubt
 Observations on the Cognitive and Psychological Aspects of a Vestibular Disorder
 Psychological Impact of Vestibular Disorders
 Psychology Part I: Cognitive Aspects of Vestibular Disorders
 Psychology Part II: Emotional Aspects of Vestibular Disorders

Living with a Vestibular Disorder

- Controlling Your Symptoms
 Dietary Considerations with SEH, Ménière's Disease & Vestibular Migraine
 Fatigue, Stress and Responsibility
 Improving Balance with Tai Chi
 Increase Activity & Manage Fatigue
 Travel and Vestibular Disorders
 Using the Wii for Vestibular Rehabilitation
 Visual Sensitivity: Computer Monitors and Digital Televisions

Other Topics

- Anatomy of the Ear
 Hormones and Vestibular Disorders
 Social Security Disability Insurance: How to Apply
 Social Security Tips for Applying with a Vestibular Disorder
 Trouble Getting a Diagnosis
 VEDA members ask about research
 Vestibular Disease in Dogs and Cats
 Visual Preference and Vestibular Deficiency



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