

Membership

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[RATES EXPIRE 01/01/2015]

Clinic & Hospital Memberships are available. To request an application call (800) 837-8428 or email info@vestibular.org

Payment

MEMBERSHIP \$ _____ DONATION \$ _____

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BILLING ADDRESS

mail to: **VEDA**, 5018 NE 15th Ave.
Portland, OR 97211
or fax to: (503) 229-8064



MISSION STATEMENT

To inform, support, and advocate for the vestibular community.

“ **VEDA** is a valuable resource for dizzy patients. It provides unbiased information about vestibular disorders, and also provides listings of health care professionals who specialize in vestibular disorders.”

— DR. TIMOTHY HAIN
CHICAGO DIZZINESS & HEARING CLINIC

You can help VEDA reach out to even more people who are suffering with inner ear balance problems:

- Become a member
- Make a donation
- Participate in Balance Awareness Week
- Include VEDA in your will or estate planning.

To learn more about VEDA and download our free publications visit vestibular.org.

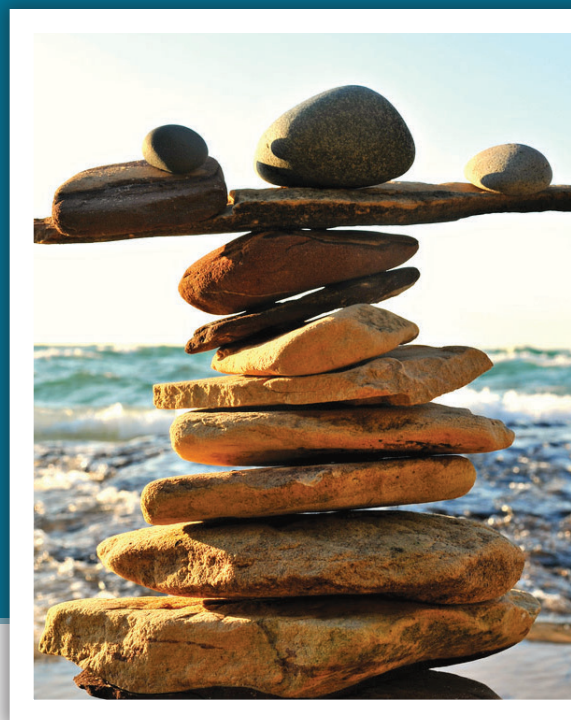
VEDA is a 501(c)3 non-profit. We are solely supported by tax-deductible contributions, including donations, and membership dues.

email: info@vestibular.org
voice mail: (800) 837-8428
tax ID: 93-0914340



VESTIBULAR
DISORDERS ASSOCIATION

LEARN TO COPE WITH INNER EAR BALANCE DISORDERS



**Information
Support
Awareness
Advocacy**

VESTIBULAR.ORG

What Are Vestibular Disorders?

The vestibular system includes parts of the inner ear and brain that help control balance and eye movements. If the system is damaged by disease, aging or injury, a vestibular disorder can result.

The symptoms of a vestibular disorder may be frightening and difficult to describe. Common symptoms include vertigo and dizziness. Vertigo is a spinning or whirling sensation, or an illusion of the self or world moving. Dizziness is a lightheaded, floating, or rocking sensation. Poor balance, nausea, visual disturbances, headache, hearing loss, tinnitus, and pain or fullness in the ears can also accompany vestibular disorders.

The extra physical and mental effort required to manage symptoms and maintain balance can result in significant fatigue and difficulties with thinking, memory, and concentration. Anxiety and depression can also compound the physical stress of coping with a vestibular disorder.

What Can You Do?

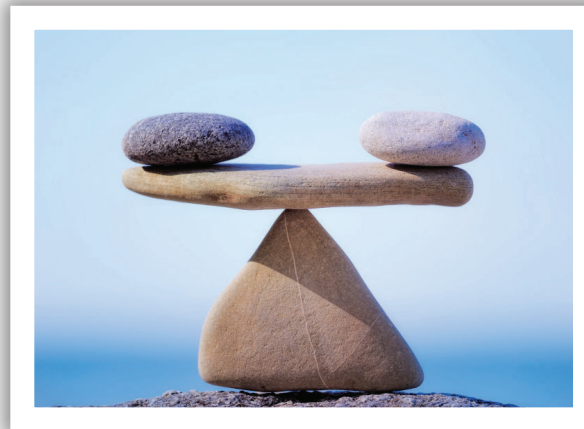
Vestibular disorders can be challenging to diagnose and their affects are frequently misinterpreted by others as personal flaws instead of genuine health problems. The more you inform yourself about your disorder, the better equipped you will be to manage your symptoms and communicate effectively about your needs with family, friends, and health professionals.

How Can the Vestibular Disorders Association Help?

VEDA is an international nonprofit organization that helps hundreds of thousands of people annually. Its members are people with vestibular disorders, health professionals who treat them, and supportive friends, family, and allies.

VEDA provides:

- Education on specific disorders and issues related to diagnosis, testing, treatment, and coping
- A provider directory of health professionals who specialize in treating vestibular disorders
- A support network for patients with vestibular disorders & their family members
- Advocacy programs to create a global community where vestibular disorders are widely recognized, rapidly diagnosed and effectively treated.



BALANCE IS EASILY TAKEN FOR GRANTED. HOWEVER, WHEN THE FRAGILE VESTIBULAR ORGANS OF THE INNER EAR ARE DAMAGED BY ILLNESS OR INJURY, ANYONE CAN LOSE THE ABILITY TO BALANCE.

Join Us Today!

To become a member, please fill out the form on the reverse side of this brochure or visit vestibular.org.

Membership Benefits

All members receive:

- A subscription to VEDA's quarterly newsletter, *On the Level*, which provides up-to-date information on topics such as diagnosis, treatment, research, and coping strategies.

Patient members receive:

- Complimentary publications with the first year of membership
- Access to a communication network of people who understand firsthand the stages of seeking a diagnosis, finding effective treatment, and managing the personal impacts of a vestibular disorder.

Professional members receive:

- Networking resources such as a listing on VEDA's popular online provider directory.
- Electronic copies of VEDA's most popular publications co-branded with your clinic's contact information.
- Bulk discounts on patient education materials
- The option to list training opportunities on our Website.
- Discounts on clinic & hospital memberships.