



# VESTIBULAR

---

## DISORDERS ASSOCIATION

5018 NE 15<sup>TH</sup> AVE · PORTLAND, OR 97211 · FAX: (503) 229-8064 · (800) 837-8428 · INFO@VESTIBULAR.ORG · [VESTIBULAR.ORG](http://VESTIBULAR.ORG)

### Vestibular Patient Health Record Enclosure

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

*Please add this document to my permanent medical record. I would like to discuss this with my medical provider during my next scheduled visit.*

**I HAVE A VESTIBULAR DISORDER or EXPERIENCE SYMPTOMS RELATED TO A VESTIBULAR DISORDER.**

**Diagnosis:** \_\_\_\_\_

Confirmed                      Not confirmed

**Symptoms** (circle all that apply): dizziness, imbalance, vertigo, tinnitus, hearing loss, problems concentrating, nausea, vision disturbances, headaches, anxiety, depression.

Other symptoms: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**I have problems with** (circle all that apply): lying flat, hearing, understanding complex medical jargon, short-term memory.

Other (list things that will help your healthcare provider during your visit): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



# VESTIBULAR

---

## DISORDERS ASSOCIATION

5018 NE 15<sup>TH</sup> AVE · PORTLAND, OR 97211 · FAX: (503) 229-8064 · (800) 837-8428 · [INFO@VESTIBULAR.ORG](mailto:INFO@VESTIBULAR.ORG) · [VESTIBULAR.ORG](http://VESTIBULAR.ORG)

**I would like my healthcare provider's help with:** \_\_\_\_\_

---

---

---

---

---

---

**Medications I am taking:** \_\_\_\_\_

---

---

---

---

**Prior treatment/tests related to my vestibular condition:** \_\_\_\_\_

---

---

---

---

---

---

---

---

**Resources** (attached): I have attached publications from the Vestibular Disorders Association (VEDA) that describe my condition.

**Other specialists/healthcare providers I have seen/am seeing about this condition** (list provider's name and specialty):

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_