

AMBASSADOR TOOLKIT

LIFE REBALANCED LIVE 2022

Life Rebalanced Live (LRL) is VeDA's 2nd annual free virtual conference, featuring talks by premier vestibular specialists, patients sharing their stories, and opportunities to ask questions and connect with other "Vesties."

This year's topics will be presented in the form of interviews with well-established experts in the field, followed by a Patient Panel. Each session includes interactive chats and opportunities for attendees to ask questions.

Here's a peek at this year's conference program:

- **Monday, February 7, 9-11AM PST**
WHAT IS VESTIBULAR?
with Dr. Richard Clendaniel, PT, PhD
- **Tuesday, February 8, 9-11AM PST**
NEUROLOGICAL SYMPTOMS ASSOCIATED WITH LONG-HAUL COVID-19 with Anna Tate, MPH & P. Ashley Wackym, MD
- **Wednesday, February 9, 9-11AM PST**
VESTIBULAR REHABILITATION THERAPY with Jeff Hoder, PT, DPT, NCS
- **Thursday, February 10, 9-11AM PST**
VESTIBULAR MIGRAINE with Shin Beh, MD, FAAN, FAHS
- **Friday, February 11, 9-11AM PST**
VESTIBULAR SYMPTOMS WITH TRAUMATIC BRAIN INJURY with Carrie Hoppes, PT, PhD

Also join us on Thursday, Feb. 10th at 5pm PST_ for **an Evening for a Life Rebalanced, a live virtual fundraising event.** The "Dizzy Cook," Alicia Wolf, and mixologist, Karen Tartt, kick us off with mocktail and appetizer demonstrations. Then we'll hear from the cast and crew of the **Life Rebalanced Chronicles**, and recognize people who contribute to the healing power of listening through the One Who Listens (OWL) awards.



Download
LRL Logo

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Social Media
Images

REGISTRATION IS FREE! You can participate in all five days of this live virtual conference at no charge, thanks to the generous support of VeDA's donors and sponsors. If you miss the live sessions, you can purchase the recordings after the event. Learn more about this incredible conference at vestibular.org/lrl.

Ambassadors like you play a vital role in helping raise awareness by:

- Registering for Life Rebalanced Live and encouraging others to register; and
- Sharing VeDA's social media posts and using the hashtag **#LIFEREBALANCEDLIVE**.

Please copy and post the sample social media message (or write your own) and download the branded logo and social images to promote **Life Rebalanced Live** among your social networks.

REGISTRATION FOR VeDA'S VIRTUAL VESTIBULAR CONFERENCE IS FREE! Save the date - Feb. 7-11, 2022. Each day includes an expert speaker and patient panel. Topics include: what is vestibular, long-haul COVID, VRT, vestibular migraine, & TBI. Learn more @vestibular.org/lrl.

QUESTIONS/COMMENTS?

Contact us at veda@vestibular.org.



LEARNING. SHARING. CONNECTING.