VedA

LIFE REBALANCED

A MEMBER OF THE VEDA SUPPORT GROUP NETWORK

Do you experience dizziness, imbalance, vertigo, or ringing in your ears? You may benefit from a vestibular support group.

Support groups offer vestibular patients a safe and nurturing environment where they can connect with others struggling with similar inner ear balance problems, and have the opportunity to share information and personal stories. This forum allows patients to ask questions, discuss, and learn together about vestibular disorders in a non-judgmental and supportive atmosphere. Most importantly, support groups give vestibular patients the chance to find acceptance and discover ways to cope and manage what is too-often a misunderstood and devastating "invisible" illness.

LOCATION

DATE/TIME

<u>TOPIC</u>