

## INNER EAR

# Cheetah Chase



### Fun Fact!

The cheetah can run as quickly as 70 mph, so it's the fastest land animal. Its inner ear is designed to keep its head still when running super fast.

When we walk/run, thanks to our inner ear, what we see stays still instead of bouncing up and down like we are.

## USE YOUR INNER EAR

To keep your head still and read while moving fast.

- If your partner writes three words on a piece of paper, can you read them while running quickly in place without letting your head fall back?
- Are the words bouncing up and down?
- Can you still see what's around you?

