



EYES - VISUAL SYSTEM

Owl Night Flight



Fun Fact!

Owls see better in the dark than humans do. Their big eyes let in a lot of light.

USE YOUR OTHER SENSES

To know the position of your arms and legs

- March in place while flapping your arms.
- Let your partner tell you to flap your arms slowly or quickly and make tiny flaps or really big ones.
- Flap your arms ten times with your eyes open and ten times with your eyes closed.

**BALANCE
BUILDERS**





EYES - VISUAL SYSTEM

Owl Search



Fun Fact!

Owls cannot move their eyeballs, instead they move their heads.

You use your sense of sight to see all around you.

USE YOUR SENSE OF SIGHT To scan your environment

- Stand in one place and flap your arms and swoop them up and down like wings. Look for objects with your eyes.
- Now, swoop low by bending your knees and swoop high by rising up on your toes.
- Keep swooping and look around to find three square objects and three round objects.

**BALANCE
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